



# One Mother at a Time: Achieving an HIV-free Generation in Nigeria

When I put my baby to bed and look at her, I feel happy inside.

My biggest fear in life was for her.

When I was born, my parents named me Azibudi.

What I love most in my life are my people, my family.

But when we lost our first baby, it tortured me.

My mind shattered to pieces.

I don't want any mother to ever feel like that.

Who would have thought I would go on to have more children?

After not so long, I was pregnant with our third child.

When I learned I should get tested for HIV, I was very afraid.

My mind went blank when I found out the results came back positive.

I thought the baby and I were going to die.

When the community health worker, that woman that often comes to my village and meets people, first came to my house, I was very nervous as I did not feel proud.

Because of this program, people are now becoming aware.

The more women are aware, the more they take their antiretroviral drugs, so they can stay healthy.

Their children are also staying healthy because of this.

That woman visited me in my house many times and what we spoke about was kept between us.

I trusted her. She explained to me how to take the medicines and how the medicine would work in my body.

She told me that so long as I took my antiretroviral medication, I was not going to die. I would continue living.

That was the best news anyone has ever told me.

The program is important because people now see the importance of becoming aware and taking drugs.

The ones who find out they have HIV are now continuing to take their drugs.

I want the program to continue, so that even more awareness spreads throughout our community.

With time I became stronger as I continued taking my medication, and before long I was ready to deliver our third baby.

After I gave birth to a beautiful baby girl, I immediately took her for an HIV test since I was very afraid.

The test results showed that my baby is strong, her body is clean and she will not have any health problems.

This medication that I take saved my life. I am very happy for me and my baby.

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